



Outer Hebrides Fisheries Trust
 The Sawmill
 Marybank
 Stornoway
 Isle of Lewis
 HS2 0DD



'Catch & Release' freshwater fish of the month

I wish to enter for the fish of the month competition
 (month)

Name:

Address:

.....

Postcode: Tel No:

Type of Fish:

Approximate Weight of Fish: lb oz

Method of Fishing:

(e.g. fly, spin or bait)

Location Caught:

(i.e. North Lewis, South Harris, South Uist, etc)

WITNESS:

Name:

Tel No:

Please provide photographic evidence of the fish being released

Please see overleaf for competition rules – TIGHT LINES!

Contact Donnie on 01851 70 3434 or 07717 344 246 for more information

Sponsored by:



Grimersta Estate



RULES
OUTER HEBRIDES FRESHWATER “FISH OF THE MONTH”
COMPETITION

1. The competition will run on a monthly basis from the 15th March until 31st October.
2. All entries must be on an official Outer Hebrides Fisheries Trust ‘Fish of the Month’ entry form.
3. The competition is only open to salmon, sea trout and brown trout caught in the Outer Hebrides.
4. Fish may be caught by fly, lure or bait.
5. All entries must be witnessed, submitted with photographic evidence and by the 2nd day of the following month at the latest.
6. All entries may be submitted to Sportsworld or directly to the Outer Hebrides Fisheries Trust.
7. The monthly winner will be decided by a panel of 5 judges, their decision is final.
8. Prizes will be awarded as Fishing Tackle Vouchers and are not cash redeemable.
9. Each ‘fish of the month’ winner will receive a **£75** tackle voucher and a small trophy.
10. The ‘fish of the season’ winner will receive a **£425** tackle voucher and the main competition trophy
11. Each “Fish of the Month” winner will be entered for the “Fish of the Season”.
12. Winners will be notified by telephone.
13. The winner will have their photograph featured in the Stornoway Gazette and Fishhebrides website. It will also be displayed by Sportsworld.
14. The competition is not open to any of the judges or their families.

Guidelines on catch & release are available from:

*Fisheries Research Services
Marine Laboratory
PO Box 101, Victoria Road
Aberdeen, AB11 9DB
Tel: 01224 876544
Fax: 01224 295511
Website: www.marlab.ac.uk*